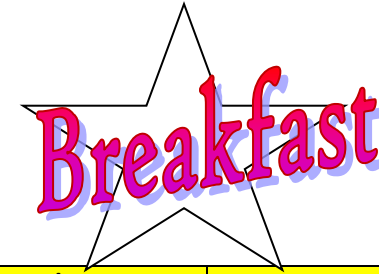





MS/HS BREAKFAST MENU MAY/JUNE 2022



MONDAY 5/16	TUESDAY 5/17	Lean & Green Wed 5/18	THURSDAY 5/19	FRIDAY 5/20
Choose One French Toast Sticks (57g) Assorted Bagel (30-37g)/Cream Cheese (2g)	Choose One Cook's Choice Assorted Bagel (30-37g)/Cream Cheese (2g)	Choose One Cook's Choice Assorted Bagel (30-37g)/Cream Cheese (2g)	Choose One Cook's Choice Assorted Bagel (30-37g)/Cream Cheese (2g)	Choose One Cook's Choice Assorted Bagel (30-37g)/Cream Cheese (2g)
MONDAY 5/23	TUESDAY 5/24	Lean & Green Wed 5/25	THURSDAY 5/26	FRIDAY 5/27
Choose One Maple Waffle (37g) Assorted Bagel (30-37g)/Cream Cheese (2g)	Choose One Cook's Choice Assorted Bagel (30-37g)/Cream Cheese (2g)	Choose One Cook's Choice Assorted Bagel (30-37g)/Cream Cheese (2g)	Choose One Cook's Choice Assorted Bagel (30-37g)/Cream Cheese (2g)	Choose One Assorted Pancakes (36-39g) Assorted Bagel (30-37g)/Cream Cheese (2g)
MONDAY 5/30	TUESDAY 5/31	Lean & Green Wed 6/1	THURSDAY 6/2	FRIDAY 6/3
 NO SCHOOL	Choose One Cook's Choice Assorted Bagel (30-37g)/Cream Cheese (2g)	Choose One Cook's Choice Assorted Bagel (30-37g)/Cream Cheese (2g)	Choose One Cook's Choice Assorted Bagel (30-37g)/Cream Cheese (2g)	NO SCHOOL
NO PORK OFFERED. NUTRIENT AND INGREDIENT CONTENT AVAILABLE UPON REQUEST.	This institution is an equal opportunity provider, employer, and lender. Menu is subject to change. Rev 3/11/2022	A variety of fresh fruits to eat. Choice of 1% low fat white milk (13g), skim chocolate milk (22g), orange juice (14g), and apple juice (14g) offered daily with breakfast. CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST: Assorted Cereals (20-24g) Hard Boiled Egg (1g) Yogurt (12g) Cheese Stick (1g) Granola (15g) Graham Cracker (19g) Muffins (26-29g) Honey Roasted Sunflower Seeds (11g)		